

## Where to get Narcan:

Any pharmacy, All Granite Wellness Centers locations: Auburn, Roseville, Grass Valley, Kings Beach & Truckee. Check out Narcan Now app available on Google Play or App Store



# Instructions for Use **Opioid Overdose**

**Response Instructions** 

NARCAN<sup>™</sup> Nasal Spray is a pure opioid antagonist indicated for emergency use outside of a hospital to reverse known or suspected opioid overdose, as manifested by respiratory and/or severe central nervous system depression.

NARCAN<sup>™</sup> Nasal Spray can be administered by a bystander (non - healthcare professional) before emergency medical assistance becomes available, but it is not intended to be a substitute for professional medical care. Emergency medical assistance (calling 911) should be requested immediately when an opioid overdose is suspected, before administering naloxone.

#### Important: For use in the nose only

Do not remove or test NARCAN<sup>™</sup> Nasal Spray until ready to use.



## Identify Opioid **Overdose**

## Call for Emergency **Medical Help**





NOZZLE

PLUNGER











HAND SUPPORTS HEAD KNEE STOPS BODY FROM ROLLING ONTO STOMACH

### Check for signs of an opioid overdose:

- · Person DOES NOT wake up after you shout, shake their shoulders, or firmly rub the middle of their chest
- · Breathing is very slow, irregular or has stopped
- · Center part of the eye is very small, like a pinpoint

Call 911 or ask someone to call for you.

Lay the person on their back.

Remove device from packaging. Do not test the device. There is only one dose per device.

Tilt the person's head back and provide support under their head with your hand.

Hold the device with your thumb on the bottom of the plunger. Put your first and middle fingers on either side of the nozzle.

Gently insert the tip of the nozzle into one nostril. Your fingers should be right up against the nose. If giving to a child, make sure the nozzle seals the nostril.

Press the plunger firmly with your thumb to give the dose.

Remove the device from the nostril.

Move the person on their side (recovery position). Watch them closely.

Give a second dose after 2 to 3 minutes if the person has not woken up or their breathing is not improved. Alternate nostrils with each dose.

You can give a dose every 2 to 3 minutes, if more are available and are needed.

Perform artificial respiration or cardiac massage until emergency medical help arrives, if you know how and if it is needed.

Scan QR code to access NARCAN Training Video