



GRANITE
WELLNESS CENTERS

Over 45 Years
of Service

**2019-2020
ANNUAL
REPORT**

**PROMOTING
WELLNESS
AND QUALITY
OF LIFE**

GRASS VALLEY • AUBURN • LINCOLN • ROSEVILLE • KINGS BEACH • TRUCKEE

MESSAGE FROM CEO

Dear Friends,

When we changed our name over a year ago, we felt Granite was fitting: reflecting the strength we recognize in our clients, our partners, our staff, our communities. This year has affirmed the strength and resilience of Granite Wellness Centers (GWC), as we navigated the ongoing substance use disorder epidemic and the COVID-19 pandemic. We knew that it was critical to keep our doors open and stay connected to our clients and communities at a time they may need us most.

Granite Wellness maintained our core programs including outpatient and residential treatment, medication assisted treatment and housing; and grew and developed new ways of serving our communities, with strategies like telehealth and telephone, drive-through outreach events, and outdoor services.

We believe in coming together to be stronger, that connection is essential, and that our mission of promoting wellness and quality of life is unifying even and especially in times of great challenge. We are grateful to our amazing staff, dedicated partners, supportive communities, and inspiring clients.

We are grateful to everyone who supported Granite Wellness Centers and Granite Wellness Centers Foundation. We are grateful to everyone who donated to GWC to help us sustain services. We are grateful to everyone who donated cleaning supplies and personal protective equipment. And we are grateful to everyone who volunteered their time to help us navigate through this unprecedented time in history. Our community stepped up and helped individuals and families confronting substance use disorder and related behavioral health challenges find connection and recovery. We are truly grateful to be a part of this community and continue to serve those individuals and families who need our help during these challenging times.

In gratitude,



Ariel Lovett
Chief Executive Officer
Granite Wellness Centers

MESSAGE FROM BOARD PRESIDENT

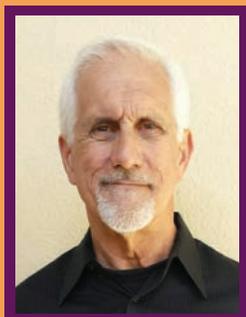
Dear Friends of Granite Wellness Centers,

I am grateful for the opportunity to share this annual report with you, reflecting the resilience of Granite Wellness Centers, our staff, clients, and community. Together we have risen to the tremendous challenges presented us this year, as we continued to address our nation's persistent epidemic of substance use disorder amid the emergent pandemic of COVID-19. Throughout, Granite Wellness Centers kept our doors open as a place for people to find safety, wellness and hope.

Our three residential programs continued to safely provide withdrawal management and residential treatment; we housed over 300 women, men and children in transitional supportive housing. Our outpatient programs offered a combination of in-person and telehealth options to hundreds to best manage safety and access, and prevention teams reached out to youth at schools, skate parks, and through social media. Successful recovery includes connection, perseverance, hope, and continued commitment--our staff and clients exemplified these truths this year.

We need your support this year as we emerge from the acute response phase of the pandemic and rebuild. I hope you find inspiration in the successes outlined in this report, as I do; the profound power of people helping each other toward a better future. Thank you for being part of that through your ongoing friendship and support.

Sincerely,



Steve Martino
President
Board of Directors

HONORING 25 YEARS OF SERVICE

WARREN DANIELS

A Vision To Save Lives



On October 16, 2020, we honored the CEO of Granite Wellness Centers Foundation, Warren Daniels, and former CEO of Granite Wellness Centers, for his 25 years of service to our organization and the community. Granite Wellness Centers' CEO, Ariel Lovett, announced the placement of a plaque and the naming of the GWC main building in Grass Valley after Warren. She proclaimed, "Warren's vision and unwavering dedication to wellness and recovery has meant thousands of lives positively changed through the work of Granite Wellness, which with his leadership has grown from Nevada County Council on Alcoholism, Nevada County Substance Abuse, to Community Recovery Resources, and now, Granite Wellness Centers." When asked to comment about his amazing career, Warren left these words of wisdom and encouragement: "We have one purpose on earth...to love and help each other."

In honor of
WARREN A. DANIELS, III
Commemorating
25 years
of leadership, vision, and
dedication to the health and
well-being of children, families
and communities.
October 16, 2020

MESSAGE FROM GWC FOUNDATION CEO

The newly named Granite Wellness Centers Foundation was established to ensure resources to support Granite Wellness Centers and its mission to provide recovery and wellness programs to support individuals and families to build safe and strong communities. As a nonprofit organization, the GWC Foundation is tasked to raise funds to support the mission and vision of GWC. We believe there is perhaps no better investment than in recovery and wellness services that reduce homelessness; alleviate child abuse and neglect, and domestic violence; reduce healthcare and criminal justice costs, increase community safety, and support local economies through a revived workforce.

In order to support the critical work Granite Wellness Centers is tasked to do on a daily basis, we rely heavily on the generosity of our donors. Becoming a donor is an easy way to support Granite Wellness Centers and help sustain the programs and services we offer to our communities most vulnerable populations – those dealing with substance use disorder and related behavioral health issues. Please visit our website www.granitewellness.org/donate to make a contribution today or if you would like a personally tailored giving opportunity, or have any questions, please contact Kevin Vasquez, Development Director, 530-878-5166 x2316, kvasquez@granitewellness.org.

Everything we do is made possible by our devoted and generous supporters. We are honored to recognize those who contributed to our mission and vision "to promote wellness and quality of life." Please visit www.granitewellness.org/donors-grantors.

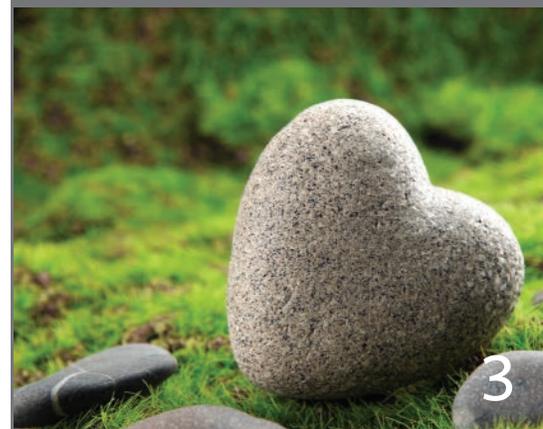
In Gratitude,

A handwritten signature in dark ink, appearing to read "Warren Daniels".

Warren Daniels
CEO – Granite Wellness Centers Foundation



Leave your legacy with
Granite Wellness Centers
Include the Granite Wellness
Centers Foundation in your estate
plans and leave a legacy of hope.
When you make a gift, you've made
an everlasting investment in your
values, your hopes, and your dreams.



2019-2020 PROGRAM OVERVIEWS AND HIGHLIGHTS



The mission of Granite Wellness Centers is to “promote wellness and quality of life” by embracing a whole-person approach in treating substance use disorders and associated behavioral health issues with a primary focus on the family system. Granite Wellness provides an array of integrated, individual and family-centered services to address substance use disorders and related behavioral health issues, focused on outcomes of long-term individual and family recovery, contributive citizenship, and family functioning.

We serve Placer and Nevada Counties with service sites in Kings Beach and Truckee, Grass Valley, Auburn, Lincoln, and Roseville. Services include outpatient counseling (adults and adolescents), education classes (including DUI), withdrawal management and residential treatment, medication assisted treatment, recovery residence housing, child development programs, and ancillary services including anger management, parenting classes, and children’s programs.

During fiscal year 2019/2020, Granite Wellness Centers had to adapt to the changing landscape presented by COVID-19 and the challenges it presented for healthcare. Thankfully by reacting quickly to a dynamic and fluid situation, we were able to sustain services and continue to provide support as a safety-net provider for our primary health care system.

During this challenging and unprecedented year, Granite Wellness was able to serve nearly 1,000 clients in Nevada County and close to 1,500 clients in Placer County. Some other highlights from fiscal year 2019/2020 included...

RESIDENTIAL

Granite Wellness Centers’ residential programs offer an asset-based treatment and wellness plan to create the greatest opportunity for success for each individual. Residential treatment and withdrawal management provides intensive support to begin the journey to recovery through individual and group counseling, family support, recreation and exercise, and case management services to enhance success and health.

Granite Wellness Centers supports 87 beds of residential treatment for adult men and women:

- Auburn Campus Residential: 28 beds for adult men and women. Served 85 women and 86 men.
- Grass Valley Campus Residential: 40 beds for adult men and women, and women with children. Served over 500 women and men.
- Lovett Campus Residential: 19 beds for adult men and women. Served 347 women and men total.

RECOVERY RESIDENCES

Granite Wellness Centers knows that a positive living environment, that supports recovery and helps people build a solid foundation, is essential for long term success. Our recovery residences provide a clean and sober environment that supports residents as they are establishing a healthy and stable life.

This year, GWC helped many families in our transitional supportive housing during COVID-19 when substance use disorder and mental health stressors were at an all-time high. Granite Wellness Centers connected with and served 61 men, 58 women, and 32 children in Nevada County and 60 men, 70 women and 34 children in Placer County.

These families were provided with a safe, supportive environment with unconditional positive regard and fellowship necessary to learn to live a fulfilling life in recovery.



OUTPATIENT TREATMENT & PROGRAMS

Granite Wellness Centers works with approximately 1,900 people enrolled in our outpatient treatment and programs at any given time. At the beginning of 2020 when State and County safety protocols were enacted due to COVID-19, GWC had to pivot quickly to telehealth and other remote counseling/treatment platforms in order to provide services to men, women, teens, and families. While our census dropped due to the strict safety protocols, we remained diligent to provide services to our clients. Some 2019/2020 program highlights included:

MOTHERS IN RECOVERY

offers specialized support for pregnant and parenting women and contributes to restoring confidence, strength and health as women learn practical living skills and overcome trauma. This past year 155 women in Nevada County and 133 in Placer County found support to be clean, strong, and healthy women and parents. Between both counties, 37 moms were reunited with their children as they demonstrated the health, strength, and parenting capacity for children to live with them following Child Protective Services intervention. These are children now growing up in a home, with their moms.



OUR ADOLESCENT PROGRAM

is changing lives, one teen and family at a time with wellness-focused prevention, intervention, and treatment. GWC is dedicated to promoting teen health and wellness. Providing early intervention for substance misuse and other harmful behaviors helps to build strong and healthy young people, stable families, and stronger communities. This last fiscal year Granite Wellness Centers connected with 175 teens over all of our programs.

CHILD DEVELOPMENT PROGRAMS

help to reduce barriers to accessing treatment for parents by providing safe, onsite care for their children. GWC supports the development of young children who have experienced inconsistent parenting, at best, and in many cases trauma, neglect, and abuse. Our child development program is designed to support young children whose parent or parents (usually a single mother) are in treatment for a substance use disorder. This past year, 148 children found fun and love in Granite's programs (54 children in Nevada County and 94 in Placer County).



DUI TREATMENT SERVICES

for first time and/or multiple offenders is provided by Granite Wellness Centers as a licensed provider by the DMV and State of California's Department of Alcohol and Drug Programs. With the goal of community safety, GWC's DUI program is designed to encourage participants to change attitudes and behavior. Counselors bring compassion to the program along with serious discussion and clear learning goals. Granite Wellness Centers helped 1,609 DUI clients in Placer County and 824 in Nevada County.

MOVING FORWARD

GRANITE WELLNESS CENTERS RECEIVES RE-ACCREDITATION FROM CARF (COMMISSION ON ACCREDITATION OF REHABILITATION FACILITIES)



Granite Wellness Centers receives re-accreditation in 2020 for an additional three year period.

Granite Wellness Centers recently completed a lengthy application and review process to apply for re-accreditation from the Commission on Accreditation of Rehabilitation Facilities (CARF). As a substance use disorder service provider, GWC began the accreditation process with an internal examination of its programs and business practices. Granite Wellness then participated in an on-site survey that was conducted by a team of expert practitioners selected by CARF. During the survey, GWC demonstrated that it conforms to a series of rigorous and internationally recognized CARF standards. We are proud to announce that Granite Wellness Centers was awarded accreditation in May 2020 and has been extended through May 2023.

What is CARF? CARF provides accreditation services worldwide at the request of health and human service providers. Providers that meet the CARF standards have demonstrated their commitment to being among the best available. CARF accreditation signals a service provider's commitment to continually improving services, encouraging feedback, and serving the community.

Achieving accreditation requires a service provider to commit to quality improvements, focusing on the unique needs of each person the provider serves, and monitoring the results of services. Granite Wellness Centers prides itself in the quality of the programs and services it provides to our clients and the community and CARF helps recognize this commitment.

DIVERSITY AND INCLUSION

Granite Wellness Centers hires Victoria Blacksmith as Clinical Director with a focus on building diversity and inclusion.



In May 2020, Victoria Blacksmith joined the Granite Wellness team as the agency's Clinical Director. She is a first generation Mexican-American and is a Clinical Psychology Doctoral candidate whose research is focused on decolonizing mental health. This is the restoration and acceptance of cultural practices and values that were once abandoned, removed, or outlawed because of colonialism. During her career, Victoria served as the Executive Director for Friendship House Association of American Indians, an American Indian specific SUD treatment center, and served in various roles with the Yolo County Probation department. She also works with minority-owned non-profit organizations as a consultant and provides individual psychotherapy at a private practice located in Sacramento, CA.

Some of the work that Victoria is focused on at Granite Wellness Centers is building on the organization's commitment to addressing inequalities in the communities it serves.

"As an organization that provides services to a large geographical and diverse area, we are taking steps to better assess the needs of our communities. We are dedicated to increasing cultural awareness, inclusivity and diversity amongst those we serve and our team."

Victoria will be spearheading the development of a diversity committee at GWC that is focused on completing an updated Culturally and Linguistically Appropriate Services (CLAS) assessment. This will ensure Granite Wellness does its best to provide effective, equitable, understandable and respectful quality care and services that are responsive to diverse cultural health beliefs and practices, preferred languages, health literacy and other communication needs. Additionally, she will be helping Granite Wellness Centers implement bi-monthly population specific training allowing individuals to better understand cultural considerations they need be aware of. Victoria will also be focused on increasing GWC clinical competencies, identifying areas that require support, training, development and/or reconfiguration. Welcome to the Granite Wellness Centers' team, Victoria.

MEDICATION ASSISTED TREATMENT (MAT)

Granite Wellness Centers continues to be a major provider for MAT services in Placer and Nevada Counties.

What is Medication Assisted Treatment (MAT)? MAT is a whole-person approach that provides effective treatment for opioid use disorders. MAT combines FDA-approved medications to treat opioid use disorders along with counseling and behavioral therapy. MAT does not replace one addictive drug with another. It provides a safe, controlled level of medication to overcome problem use of opioids.

The human brain is developing until about age 25. If a person starts using drugs early in life, it can cause changes to the brain's structure and function. In the United States, 90% of people with a substance use disorder begin use under age 18. Fortunately, the brain can recover if a person stops using opioids. Granite Wellness Centers sees opiate use disorder as a treatable illness, and we are here to help.

The consequences of untreated addiction can be tragic for individuals, families and the community. This is why Granite Wellness Centers has implemented a Medication Assisted Treatment (MAT) program to help people suffering from opioid use disorders. Opioid addiction is a chronic disease like heart disease or diabetes. Most people cannot just walk away from addiction. They need help. During 2019/2020, GWC treated 162 individuals at our Grass Valley clinic, 69 in Auburn, and 29 in Lincoln.

Medication Assisted Treatment helped these individuals stop the use of a problem drug and helped them get through withdrawal and cope with cravings. MAT addressed the underlying issues that triggered inappropriate drug use and helped these people move into healthy addiction-free lifestyles and move them along the road to recovery.

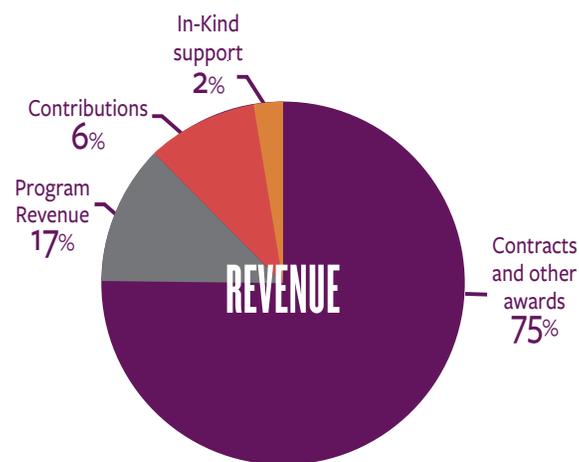
GRANITE WELLNESS CENTERS 2019-2020 FISCAL REPORT

This past year has affirmed the strength and resilience of Granite Wellness Centers, as we navigated the ongoing substance use disorder epidemic and the COVID-19 pandemic. We understood how critical it was to keep our doors open and stay connected to our clients and communities at a time they needed us most. Granite Wellness maintained our core programs, including outpatient and residential treatment, medication assisted treatment and housing; and grew and developed new ways of serving our communities, with strategies like telehealth and telephone, drive-through outreach events, and outdoor services. The staff at Granite Wellness stepped up and showed incredible strength and compassion, finding ways to adapt and support clients in need of connection now more than ever.

As part of our efforts to sustain services, Granite Wellness Centers was able to pivot and adapt to different revenue generating sources to support our clients and staff. GWC's funding model leverages public and private funding through contracts, insurance revenue, fees, grants, and donations to maximize outcomes for families and communities. Thank you to our Federal, State, County, and Community partners for investing in our mission to "promote wellness and quality of life."

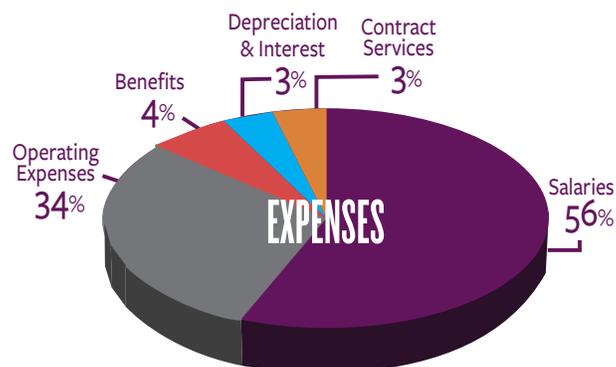
REVENUE

Contracts and other awards	\$7,735,005.00
Program Revenue	\$1,701,262.00
Contributions	\$644,146.00
In-Kind Support	\$211,596.00
Interest	\$4,670.00
Total	\$10,296,679.00



EXPENSES

Salaries	\$5,862,740.00
Operating Expenses	\$3,474,503.00
Fundraising	\$24,599.00
Benefits	\$435,823.00
Contract Services	\$281,190.00
Depreciation and Interest	\$331,696.00
Total	\$10,410,551.00



RESILIENT COMMUNITIES

Thank you for reading our annual report. At Granite Wellness Centers, we have a rich history of serving our communities and helping those who are struggling with substance use disorder and related behavioral health issues. Our success in fulfilling the mission to “promote wellness and quality of life” is because of generous donors and volunteers. The community support from individuals, foundations, and companies across our counties, state, and country has been amazing and we are very grateful for the investments made in helping us connect with a vulnerable population during an unprecedented health crisis.

When COVID-19 overloaded the health care system and slowed business operations, Granite Wellness had to pivot how we delivered services and in turn greatly affected our revenue streams. Thanks to many generous donors, GWC was able to navigate extremely challenging times. We are very grateful to all of our partners who stepped up to support us by helping to implement telehealth, purchase personal protective equipment and cleaning supplies, and provide critical flex funding to assist in daily operations.

While the future is not completely clear, we are confident that the partnerships we have formed over the year will continue to provide the support and direction we need to navigate the new normal. Granite Wellness Centers is grateful for these collaborations that recognize the significant contribution we make to the communities GWC serves.

We are grateful for the many generous individuals who donated to Granite Wellness this year. We extend a heartfelt thank you to everyone who contributed their resources and time to help us serve our clients. Granite Wellness is also grateful to those organizations who collaborated with us this last year. Special thanks to those funding partners who supported our mission and vision to promote wellness and quality of life:



Kevin M. Vasquez
Development Director

Dignity Health
Kaiser Permanente
Katz Amsterdam Foundation
Lincoln Community Foundation
Martis Camp Community Foundation
Placer Community Foundation
Sacramento Region Community Foundation
Sierra Health Foundation
Stein Family Foundation
Sutter Health
Tahoe Truckee Community Foundation
Tri Counties Bank
Union Bank Foundation
United Auburn Indian Community



UPCOMING EVENTS



As Granite Wellness Centers kicks off 2021, we are excited to announce upcoming events that help raise funds to support our mission and vision. Please visit our website at www.granitewellness.org for more information.

May 6, 2021

BIG DAY OF GIVING

August 28, 2021

ANNUAL GALA

October 1, 2021

ED BONNER GOLF CLASSIC