



The Resilient Child

A new program offered at no cost by Granite Wellness Centers specifically for children whose caregivers or family members have a substance use disorder.

This program will support children in developing self-care tools, understanding addiction, and expressing their feelings more openly to loved ones. Children will be engaged creatively in fun, age-appropriate ways based on the Hazelden Betty Ford Children's Program.

Meeting Places:

Granite Wellness Center Roseville

730 Sunrise Ave Building 200 , Roseville

Group Facilitator: Shamari Roy

Date: Tuesday

Time: 4pm to 5:30pm

Granite Wellness Center Grass Valley

180 Sierra College Dr., Grass Valley

Group Facilitator: Perla Dittman

Date: Wednesday

Time: 4:30pm to 6:00pm

Granite Wellness Center Auburn

12183 Locksley Ln #101

Group Facilitator: Shamari Roy

Date: Monday

Time: 4:30pm to 6pm



For more information and to reserve a spot please contact:
Shamari, at 916-782-3737 ext. 328 or sroy@corr.us for Roseville and Auburn
Perla 530-273-9541 ext. 224 or mdittman@corr.us for Grass Valley